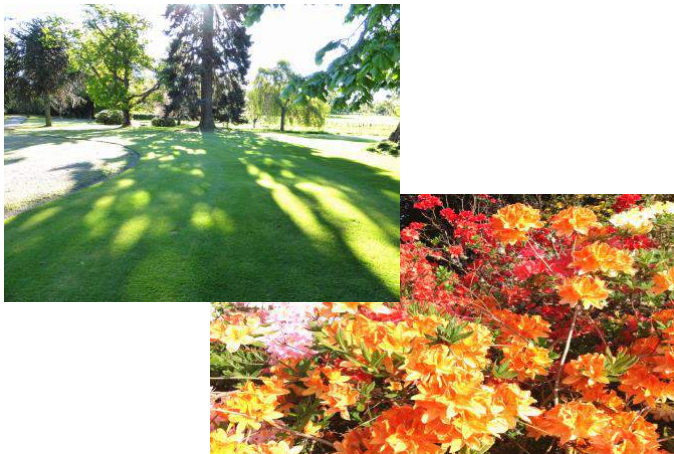




A Pilgrim's Pause

with

Merryn Glover & the Bield Team



Saturday 28th May 10am -
Sun 29th May 4pm

Cost £130

(Full board, residential)

A pilgrimage is as much about the journey as the destination. This special weekend is a place of rest on your way, an opportunity to take bearings and be nourished by the beauty of nature and the



"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." Jesus, in Matthew 11:28-30

Spend the weekend dwelling deeply in God's creation and re-creation as we experience the gift of rest. Drawing on practices of stillness, waiting, listening and loving attention, we will take time enjoying the Bield grounds, learning from nature, and opening ourselves to the Spirit's life-giving work.

The programme will include simple acts of communal worship, group sharing, exploring outdoors, reflective writing and other creative responses. Everything is optional and there will be plenty of time and freedom for personal contemplation and use of the Bield facilities. Led by Merryn Glover and the Bield Team, the weekend is framed by the rhythms of worship in the Carpenter's Chapel, including Sunday morning Communion.

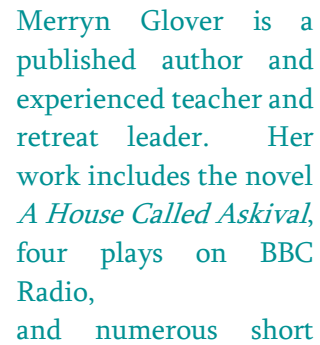
But ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth, and it will teach you, or let the fish in the sea inform you. Which of all these does not know that the hand of the LORD has done this? In his hand is the life of every creature and the breath of all humankind.



Overnight accommodation, meals and tea/coffee are provided.

Participants need to bring:

- A pen or pencil and a notebook/sketchbook, preferably with plain pages
- Warm & waterproof outdoor clothing



stories and poems. The story of her writing and other work can be found on her website: www.merrynglover.com



See web site for Cancellation Policy
Card payments can be made on the phone.

Cheques & BACS are Payable to:

The Bield Christian Company Ltd.

Sort Code 83-47-00 A/C 00100095

Please include Surname or Group Name

www.bieldatblackruthven.org.uk

